

TETON FAMILY MAGAZINE

Cultivating a Healthy Sustainable Community

Early Summer 2010 | Complimentary



EDIBLE PERENNIALS • CITIZEN SCIENTISTS • VISION ASSESSMENT • CLIMBING WITH KIDS • GREEN CLEANING



WHERE DO TETON FARMERS BUY THEIR SEEDS?

Al Young, Master Gardener

"I buy mine mainly from Johnny's Selected Seeds [in Winslow, Maine], but you are pretty safe as long as you buy them from somewhere with a cold climate similar to ours. I also plan to buy some from Trail Creek [in Victor] this year."

Dale Sharkey, Cosmic Apple Gardens

"Our favorite source is Cosmic Apple Gardens ... the seeds we save! We also like Johnny's, Turtle Tree Seeds, High Mowing Seeds, and Potato Garden."

Jennifer Jacobsen, University of Wyoming Cooperative Extension Service

"I usually buy my seeds from Johnny's or Seeds of Change. Though for local gardeners, I also think seeds and starts from Twigs or Porcupine [both in Jackson] are great."

Erika Eschholz, Snowdrift Farm and Full Circle Education

"We save seeds from the Full Circle Education children's garden and use them or sell them to raise money. I get new seeds from Johnny's, Peaceful Valley, High Mowing, and Turtle Tree Biodynamic Seeds."

Dick Shuptrine, Mountain Meadow Natural Gardens

"I save most of my seeds, but I also buy heritage seeds from Seed Savers Exchange."

Meet your local farmers, bakers, and food producers at the 4th Annual Locavore's Night Out • 5 - 9 pm, FREE April 20, 2010 • The Wildwood Room in Victor

LOCAL CSAS (COMMUNITY SUPPORTED AGRICULTURE)

Here are the basics: a farmer offers a certain number of "shares" to local consumers who pay for a "membership" in the spring. Once a week, each member receives share of the harvest, which typically consists of a box of vegetables, but other farm products may be included.

Blue Flax Farm
Victor, ID
Megan Warren
307.413.3203
localharvest.org/farms
Pick up: Victor, Jackson, Wilson

Cosmic Apple Gardens
Victor, ID
Dale Sharkey
208.787.2082
cosmicapple.com
Pick up: Victor, Jackson, Wilson

EverGreen Farm
Star Valley, WY
Tara Saberon
307.884.6423
myevergreenfarm.com
Pick up: Smoot, Afton, Etna, Jackson.

Robinson Family Farm
Bedford, WY
Marion Robinson
307.880.7337
Pick up: Bedford

SHARING THE HARVEST

Darby Canyon Garden • 208.354.3199

Veteran gardener Judy Allen rents eighteen 50-square-foot plots, complete with irrigation, in her well-established garden at the base of Darby Canyon in Driggs, where a warm microclimate ensures a longer growing season. "The advantages are that it takes five to ten years to make good organic soil," Judy says, "and I've been working on mine for twelve. Although I'm not certified, my soil meets all organic standards." For \$30 you can just show up, do a little soil prep, rake, and plant.

Jackson Hole Community Gardens • 307.733.3087

The University of Wyoming Extension Office in Teton County manages a half-acre triangular piece of land owned by the Town of Jackson along the bike path behind the Jackson Hole Middle School. Forty 10 x 15-foot plots and five 5 x 5-foot kids' plots are shared by local schools, residents, and the Senior Center. \$35 a year pays for your plot and water. Call the Extension Office to get on the waiting list.

Health Insurance: "Company" Supported Agriculture

Intermountain Aquatics, based in Driggs, has set aside a 20,000-square-foot plot of land they own at the airport for a company garden. The company pays for seeds, water, equipment, and chicken feed, and fifteen employees share in farm chores (some paid time, some volunteer hours). In addition to vegetables, they have a chicken facility with twenty-five layers, and some pumpkins, berries, and fruit trees on land owned by a sister company in Rexburg. Employees can even bring their food scraps from home to contribute to the garden compost pile.

A SPRING GEAR GUIDE FOR DOGS

One of the delights of owning a dog is adventuring together. From biking to boating, dogs are always up for an outing. But just like humans, dogs need protection from the elements and occasional risky situation.

KURGO AUTO ZIP LINE™

Does your dog live to lap up the air with its head hanging out the car window? Well, now you can indulge your animal with a fun car ride with this handy harness and restraint system. By simply securing a nylon-webbed line to the seat belts or door handles, a tether run allows the dog freedom to roam in the back seat so you can focus on the road. The Auto Zip Line comes with a Kurgo dog harness and leash, making the transition from car to trail a breeze.



kurgo.com

RUFF WEAR BIG EDDY FLOAT COAT™

As the weather warms, many dogs transition from living the life of a powder hound to that of a river rat. Although the water can be alluring, spring runoff can be swift and dangerous. Ruff Wear has designed the perfect solution for dogs who refuse to stay out of the water. The Big Eddy Float Coat's PVC-free buoyancy cells are strategically placed to support your dog in a horizontal swimming position. Available at Teton Tails in Jackson.



ruffwear.com

WEST PAW DESIGN ECO SLUMBER BED™

After a long day on the trail, your dog can rest easy on this USA-made, earth-friendly dog bed tested for over more than one hundred potentially harmful substances. With a brilliant color palate to choose from, you might also be interested to know that 85 percent of the fabric is from post-consumer recycled plastic. Available at Teton Tails in Jackson or by special order from The Pet Center in Driggs. westpawdesign.com



BURLEY TAIL WAGON

For those who like to stick a bit closer to home, the Burley Tail Wagon provides a perfect way to transport your pooch around town behind your bike. This pet trailer features a waterproof cover, a removable floor for washing, and an optional ski kit for your early spring endeavors. Consider adding a Critter Compartment to protect groceries on the ride home. The Tail Wagon is the perfect option for the senior dog or growing puppy. Available by special order from Fitzgerald's Bicycles in Jackson. burley.com



RUFF WEAR DOUBLEBACK™ HARNESS

For extreme mountain dogs, make sure to pick up the DoubleBack Harness by Ruff Wear. Designed by customer demand, this strength-rated belay harness with an adjustable lace-back buckle system, leg loops, and padded belly support will help you and your dog explore places you may have only dreamed of. Available at Teton Tails in Jackson. ruffwear.com



TAZLAB™ SAFE-T-STRETCH DOG COLLAR

Every dog deserves to run free, but the world is filled with objects that can get even the most agile hound into trouble. Fences, trees, and other outdoor obstructions pose a risk of entanglement to collared dogs. In response to this concern, the designers at Tazlab have created a collar with a monofilament-reinforced elastic that, when not clipped to a leash, allows a dog to slip free in a potentially life-threatening situation. Check out the trendy colors such as Gunk's Green and Lover's Leap Pink. Available at Teton Tails and Pet Place Plus in Jackson. tazlab.com



- Jenna Ringelheim

PHOTO: PAULETTE PHUPOT